



MONTROSE

**RESOURCE
GUIDE**

MONTROSE | 2732 Montrose Ave., Montrose, CA 91020

WELCOME TO MONTROSE!

Thank you for visiting the Montrose Program Center! We hope you have a wonderful time here. This resource guide includes some tips, tricks, and general information.. From fun in the outdoors to engineering and robotics, Montrose offers a wide variety of experiences for your troop!

Montrose is a charming, multi-function facility that can accommodate activities and groups of all sizes. This resource guide contains information on the facility itself, surrounding amenities, and things to do around town, as well as some of our favorite crafts, activities, and outdoor recipes..

The outdoor space is cozy and welcoming with a beautifully manicured backyard area featuring a pond with bridge and water fountains, picnic tables and a flag pole. It's the perfect setting for songs and s'mores, a scavenger hunt, or a bridging ceremony.

With a full-size kitchen, large auditorium, and several classrooms, the indoor space is versatile and can be used for large or small meetings and workshops or even indoor sleepovers.

We hope you have a fantastic experience. Thank you for being a part of our Montrose family!

Yours in Scouting,
GSGLA Council



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AMENITIES

<p>Upper Level</p>	<p>Includes a full kitchen with (1) four-burner stove, (2) ovens, (1) refrigerator, (1) dishwasher, (1) microwave, and limited kitchen supplies. Access to (1) single-stall bathroom. There is also a large auditorium with vaulted ceilings, projection screen, heating and AC, and Wi-Fi. There are (12) 6-foot tables, (13) 8-foot tables, and (184) folding chairs.</p> <p>Capacity: 110 day use, 60 overnight</p>
<p>Lower Level</p>	<p>Includes (4) classrooms and access to (2) single-stall bathrooms. Capacity per room: Blue Room (20 Day Use, 12 Overnight) Red Room (12 Day Use, 8 Overnight) Purple Room (12 Day Use, 8 Overnight) Yellow Room (12 Day Use, 8 Overnight)</p> <p>*Overnight use in rooms is only allowed with entire facility booking.</p>
<p>Patio Area / Yard</p>	<p>Includes a 1,300 sq. foot patio/deck that can function as a stage, access to (2) outdoor bathrooms, camp-fire ring, flag pole, bridge and pond – entire area is gated. (10) picnic tables</p> <p>Capacity: 60+ day use, 30 overnight</p>
<p>Outdoor Cooking</p>	<p>We have (1) fire ring and (2) charcoal BBQ stations.</p>
<p>Bridge</p>	<p>Perfect for bridging ceremonies!</p>

MAP



FLAG CEREMONY

FLAG CEREMONY

OPENING CEREMONY:

“Girl Scouts, attention”

Everyone present should stand silently at attention, and remove any hats or head coverings (including bandanas).

“Color guard, attention”

The Color Guard stands at attention and prepares to advance

“Color guard, advance”

Guards come forward, stand in front of flag pole

“Color guard, post the colors”

The Flag Bearer attaches the top clip, unfolds the flag and then attaches the second clip. The flag is raised briskly to the top of the pole. The rope is secured and the guard steps back into place.

“Girl Scouts, please join me in saying the Pledge of Allegiance”

The caller and audience salute the flag and recite the pledge of allegiance. Color Guard is silent.

“Please join me in saying the Girl Scout promise”

“Color guard, dismissed”

“Girl Scouts, dismissed”

FOR A CLOSING CEREMONY:

“Girl Scouts, attention”

“Color guard, attention”

“Color guard, advance”

“Color guard, retire the colors”

“Color guard retire the colors”

The flag is brought down slowly and folded properly (see image)

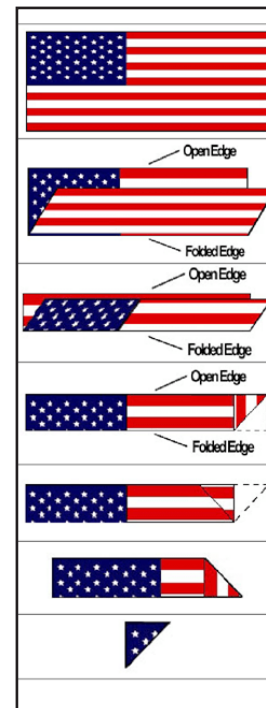
“Girl Scouts, please join me in the singing of Taps”

“Color guard, dismissed”

“Girl Scouts, dismissed”

TAPS

Day is done, gone the sun, from the lake,
from the hill, from the sky...
All is well, safely rest, God is nigh



Build a Pioneer Shelter (STEM)

SUPPLIES | construction paper, nature items (sticks, leaves, flowers, grass, etc.), glue

INSTRUCTIONS:

1. Use recyclables/nature items to build shelters that can withstand:
 - Earthquakes
 - Santa Ana winds
 - Heavy rain
2. Do a camp sweep and collect items for shelter.
3. Have girls create shelters with collected items and glue or tape (or for an added challenge, don't include extra items).
4. Gather girls around and simulate an earthquake, winds, and heavy rain testing each shelter. Who can successfully complete the challenge?



Slime

SUPPLIES | glue, liquid starch, food coloring, foam shaving cream

INSTRUCTIONS:

1. Pour approx. 2 cups of glue into a bowl.
2. Spray about one cup of the shaving cream into the glue and mix together.
3. Add a few drops of food coloring and stir. You can make this any color you want, so feel free to get creative. To make the slime as shown in the picture, you will need 3-4 separate batches of colored slime to mix together.
4. Once your slime is colored, it's time to add the liquid starch. Spray starch is not the same thing, please use liquid. Pour in approximately 2-3 tablespoons of starch and stir. The slime will start to form immediately. Stir for a few minutes to get it all mixed up and then take out the goop and begin kneading between your hands, passing back and forth.



CRAFTS

Pom-Pom Caterpillars

SUPPLIES | wooden clothespins (or sticks found on a nature walk), assorted pom-poms, glue, small wiggle eyes

INSTRUCTIONS:

1. Start by spreading your glue across the top of your clothespin or stick. Spread glue to cover entire surface.
2. Place a large pom-pom on one end for the head.
3. Use smaller pom-poms for the body.
4. Let them completely dry before gluing the eyes. Please note that it can be tricky to glue eyes onto the pom-poms with glittery strands, as opposed to those with a smooth surface.
5. Now give them fun names!



Photo Credit: learningandexploringthroughplay.com

Kaleidoscope STEM Activity

SUPPLIES | Pringles can (empty, rinsed, and dried), shimmery scrap-book paper or aluminum foil, clear contact paper, hammer and nail, tape, clear glue, tissue paper (cut into small squares), glitter and sequins, markers, stickers, or other embellishments, craft paint (optional)

INSTRUCTIONS:

1. Roll a piece of shimmery silver paper and put it inside the can, marking and cutting off the excess. It should uncurl and fit nicely inside the can, with no need to glue it down. Or, you can use aluminum foil to line the inside of the can.
2. Cover the outside of the can in a different color of shimmery paper and secure it with tape or you can paint it. Decorate with markers, stickers, or other embellishments if you'd like.
3. Use a hammer and nail to punch an eye hole in the sealed end of the can. (An adult should do this for safety reasons.)

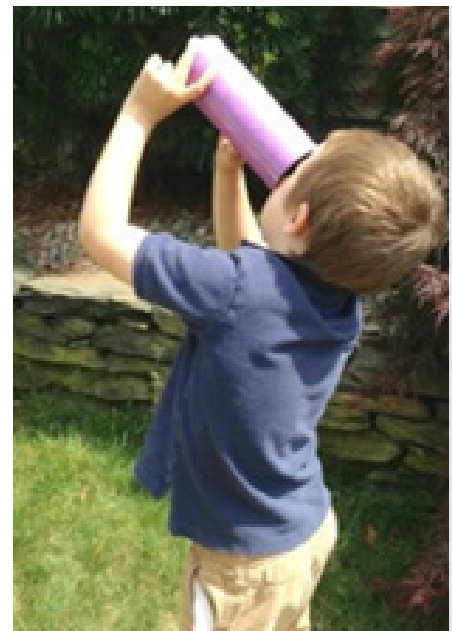


Photo Credit: littlebinsforlittlehands.com/how-to-make-a-simple

CRAFTS



4. Glue sequins on the inside of the Pringles can lid.
5. Make a mixture of clear glue, water, and glitter to paint or spread on the **outside** of your lid. Top it with the pieces of different colored tissue paper.
6. Set it to dry thoroughly.



Meanwhile, you will start to make a second colorful lens for your kaleidoscope.

1. Cut a square of clear contact paper (slightly larger than the size of the Pringles can lid) and tape it to the table, sticky side up.
2. Decorate it with bits of tissue paper, glitter, and sequins.
3. Press another square of clear contact paper over it to seal it.
4. Squeeze out a layer of glue around the top part of the can and put down your contact paper lens over it.
5. Once it has dried, cut the clear contact paper lens around the can to ensure a close fit, since you will be putting the plastic lid over this.



Never look directly into the sun!

SWAPS

SWAPS

SWAPS, the tradition of Girl Scouts exchanging keepsakes, started long ago when Girl Scouts and Girl Guides first gathered for fun, songs, and making new friends. SWAPS stands for “Special Whatchamacallit’s Affectionately Pinned Somewhere”. Making SWAPS is a great group project during downtime at a campout or at the end of meetings. Below are a few examples of easy SWAPS that can be made with things you may have on hand. You can also let the girls be creative and make something representative of their troop. Many troops choose to include small tags with their troop information and council name.

SWAPS Safety and Etiquette

GIRLS SHOULD:

- Never refuse to swap with another person.
- Swap face-to-face, especially if exchanging addresses or email information.
- Avoid using glass or sharp objects in SWAPS.
- Follow all *Safety Activity Checkpoints* guidelines.
- Avoid using food products, unless they are individually wrapped.

Super Hero Swap

SUPPLIES | aluminum can tabs, craft foam, sharpie, ballpoint pen, safety pins, hot glue gun, scissors, cape template (optional)

INSTRUCTIONS:

1. Have the girls draw a cape (or trace the template you create for them) on the craft foam using a ballpoint pen. Cut out the capes.
2. Have girls write the “GS” emblem on the middle of the cape and their troop number at the bottom of the cape with a Sharpie or ballpoint pen.
3. Use the foam scraps to cut tiny masks and draw on the eyes.
4. Hot glue tabs to the front of each cape and the masks to the tabs (note that an adult may need to do this part for safety reasons).
5. Place a pin through the pop tab and your super hero is ready for action!



Photo Credit: thesuburbanmom.com

SWAPS

Inchworm SWAP

SUPPLIES | large safety pins (pins without coil work best), smiley face beads, pony beads, hot glue gun

INSTRUCTIONS:

1. Start off by designing how you want your inchworm to look on the pin.
2. Glue all the beads together, one at a time. (Younger girls may need an adult to do this for them because the glue can be hot.)
3. Don't forget to add your SWAP tag!



Photo Credit: dallas.todaymama.com

Campfire SWAP

SUPPLIES | cardstock, safety pins, small rocks, toothpicks, red felt, hot glue gun, hole punch

INSTRUCTIONS:

1. Give each girl a small square of cardstock, a few small rocks, some toothpicks, and red felt. Girls can write a message on the back of their cardstock (i.e. troop number, favorite part about Montrose, etc.)
2. Have girls create the fire pit with their small rocks, gluing them in a circle on the cardstock.
3. Girls will break/cut their toothpicks and sprinkle them in the middle of the fire pit.
4. Add small flecks of red felt for the flame.
5. Hole-punch the cardstock in the corner and attach safety pin.



OUTDOOR COOKING

Our fire ring is a great place to practice outdoor cooking before your next big camp out!

DUTCH OVEN COOKING (helpful hints):

The secret to great Dutch oven cooking is temperature control. While you can use a Dutch oven to cook over an open fire, most Dutch oven cooks use charcoal. It has a tendency to cook more evenly and maintain a more consistent temperature. You will want to choose a good quality briquette, that is easy to light and will last a long time. Most Dutch oven chefs use Kingsford charcoal.

The best way to prepare charcoal for a Dutch oven experience is to put it in a charcoal chimney. Crumple some newspaper, put the chimney on top of it and light the newspaper on fire. This will start the briquettes and after about 20 minutes or so they will be hot and ready to use.

Placing the briquettes on top of and under the Dutch oven is the best way of maintaining an even temperature. The best rule of thumb is to take the size of your Dutch oven (like 10" or 12"), and multiply that number by two. Then place one-third of the coals underneath the oven and two-thirds on top. So, for a 12" Dutch oven, you would use 24 briquettes, with 8 on the bottom and 16 on the top. Evenly space them both beneath and on the lid.

You will also want to make sure that you protect the hot coals from wind, which will cool them off too fast. We put our Dutch ovens on a heavy duty metal cooking table with a wind screen, which is the best way to protect it from the breeze.

Campfire Hash Recipe

SUPPLIES (Per 6 servings) | Dutch oven, 2 tablespoons vegetable oil, 1 large chopped onion, 2 minced garlic cloves, 4 large peeled and cubed potatoes, 1 lb. of fully cooked sausage

INSTRUCTIONS:

1. Start coals/fire.
2. In a Dutch oven, heat oil.
3. Sauté onion and garlic. Add potatoes. Cook, uncovered, over medium heat for 20 minutes, stirring occasionally. Add sausage; cook and stir until potatoes are tender and well browned, about 10 minutes more.



OUTDOOR COOKING

CAMPFIRE COOKING

The basics of outdoor cooking starts with a simple campfire, of course. While you may want a hearty meal, some of the best recipes over an open fire are tasty desserts. Here are a few for you to try!



Photo Credit: momswithtots.com

Campfire Banana Boat Chocolate Caramel S'mores

Most people know about the traditional s'mores, but here's one if you like monkeying around!

SUPPLIES | 4 ripe bananas, 12 marshmallows (3 to 4 per banana) or a handful of mini marshmallows, 12 dark chocolate squares (3 to 4 squares per banana), 1/4 cup caramel chips, 8 crumbled graham crackers (2 per banana)

INSTRUCTIONS:

1. Cut a slit in each banana and open the skin up slightly. Scoop out a few small chunks of banana (and eat or set aside).
2. Stuff 3 to 4 marshmallows in the scooped out sections of the banana, then tuck a square of chocolate beside each marshmallow. Sprinkle a few caramel chips over top.
3. Close the skin of the banana as much as you can and place the bananas directly on a campfire grill. Alternatively, wrap the bananas tightly in foil and place directly on coals. (Be extra careful when pulling them out of the coals and opening.) The banana skins will blacken as the bananas cook.
4. Grill until the chocolate and caramel melt and the marshmallows begin to look squishy, 5 to 7 minutes.
5. Using metal tongs, carefully transfer bananas on plates. The bananas might release some water; if they do, use a paper towel to wipe off.
6. Sprinkle the crumbled graham crackers over top, and serve with spoon for scooping.



Photo Credit: wikidee.org

Note: Bananas cooked directly over the grill will have a slightly smoky flavor. When wrapped in foil, they have less smoky flavor and will take a few more minutes to cook.

OUTDOOR COOKING

Campfire Brown Bears

Perhaps the brown cinnamon inspired the name, but it definitely makes them a close cousin of the churro!

SUPPLIES | 3 tablespoons ground cinnamon, 2/3 cup white sugar, 1/3 cup melted butter, 1 can refrigerated plain biscuit dough

INSTRUCTIONS:

1. Combine cinnamon and sugar together in a bowl.
2. Melt butter in another bowl.
3. Separate biscuits. Then, form each piece of dough into a rope, 4 to 5 inches long, making sure not to stretch them out too thin.
4. Wrap the dough pieces around proper campfire sticks. Patting the dough around the end of the stick to make a “cap” helps the whole piece stay on and not fall off.
5. Hold the sticks over your campfire and slowly turn until the biscuit dough is browned and firm, which takes about 8 to 10 minutes.
6. You can either remove the dough or keep it on the stick when you dip the cooked biscuits into melted butter and then into cinnamon sugar. Enjoy!



Photo Credit: thekitchenmagpie.com

SUGGESTED BADGE WORK

While Montrose is extremely versatile, there are a few badges that work well at the property due to our unique location and amenities. Contact information for the sites mentioned can be found in the “Things to do Around Montrose” section.

Think Like a Citizen Scientist (Daisy, Brownie, and Junior)

Montrose offers a reliable, safe space for girls to explore science in the outdoors. With the new Citizen Scientist journey, they will engage in the scientific process by making observations and gathering data over time from the same location. The best part is that they will contribute to actual research projects that professional scientists are currently conducting.

Daisy Buddy Camper, Brownie Cabin Camper, Junior Eco-Camper, and Cadette Night Owl

Montrose is a great place for a multi-level first night out event! There is plenty of space to set up tents, practice outdoor cooking, and do team building activities. There is also the convenience of having a refrigerator and stove on site, just in case! Girls can practice their Leave No Trace principles and get over their first camp out nerves.

Daisy Flower Garden, Brownie Bugs, Junior Flowers, and Cadette Trees

Montrose is the ideal place to complete any of the outdoor badges, but especially those listed above. The property provides a safe space for girls to roam around and explore. You can always take advantage of local resources and head out to Descanso Gardens, only a short trip away, which provides a variety of bugs, plants, and trees to see.

Think Like an Engineer Journey (Daisy, Brownie, and Junior)

Montrose has plenty of indoor and outdoor space to explore the new STEM Journeys. Girls can discover their scientific side by making an outdoor shelter and testing it, or designing the best launching device. They can easily take their ideas from concept to creation by following “The Design Process” – define a need, brainstorm, design, build, test, and evaluate, share solutions and redesign. Your problem solvers will discover they are engineers in the making!

Daisy Mari Petal, Brownie Snacks, Junior Simple Meals, Cadette New Cuisines, Senior Locavore, and Ambassador Dinner Party

Montrose offers a full kitchen with an oven, stove, refrigerator and freezer. We also have a few pots, pans, and cooking utensils. It is a great space to let your aspiring chef’s go wild! Depending on the season, girls can venture out to the Montrose Farmers market, which offers local produce, packaged items and a variety of prepared foods for inspiration!



ICEBREAKERS

GROUP JUGGLE INTO WARP SPEED

Group Juggle – a ball or object gets thrown from one person to another so that each person gets it once & it ends up with the person who started (to get to know names, say the name of the person you are throwing it to before you throw it & thank the person by name that you received it from). You can expand this to several objects, one after another.

Warp Speed – using the order of people from the group juggle, figure out (let the participants figure out) how to do it the fastest, only rule is that everyone must touch the ball/object in the original order.

THE M&M GAME

Fill a bowl with M&Ms and pass around the group. Ask each person to take a small handful of M&Ms. Once the bowl of M&Ms has been passed around, explain the colors of the M&Ms mean certain things, such as:

Red: Favorite superhero

Orange: Favorite outdoor activity

Blue: Favorite food

Green: Favorite sport

Brown: Favorite TV show

Yellow: Why you absolutely love Girl Scouts

Then circle around the table and ask your team to give answers for the M&Ms they scooped out of the bowl.

ANIMAL WITH FIRST LETTER OF NAME

Everybody introduces themselves with their favorite animal which also starts with the same letter as their name (e.g. Monkey Monica, Raccoon Rosa, Carolyn Cat, Susan Squirrel, Elizabeth Eagle, etc.)

10 FINGERS

Have everyone sit in a circle or close enough to be able to hear everyone. Tell them to hold up all 10 fingers. A counselor can start off by stating one fact about themselves. For ex: “I have never been to Florida.” or “I have blue eyes.” Then the participants who have been to Florida, or don’t have blue eyes, will put one finger down. This will continue around the circle, having each person share one fact about themselves until someone is all out of fingers. Whoever has the most fingers left at the end wins!

FACE TO FACE

The leader has the group randomly pair up. Once introductions between partners are made, the leader gives the group a topic to discuss with their partner for 30 seconds or so. At the end of the time, the leader will call for the group to switch partners and call out a new topic. Try to choose topics that are both fun and insightful. Examples include: “If you could have lunch with anyone from the entertainment world, who would it be?” OR, “If you could be granted one wish, what would it be?”

GROUP & TEAM BUILDING GAMES

MUSEUM

Have the players gather in a large room, called the “Museum.” One person, who is “it” should then leave the room and count to 20. The players then pose like statues, and the person who is “it” comes back and pretends to be a museum guide. If the guide leaves the room, the players must choose a new pose. When the guide spots someone moving, that player becomes a tourist, and must follow the museum guide. Any time the guide looks at another statue, you can quickly change your pose. Continue play until only one statue is left. She becomes the new museum guide.

HUMAN KNOT

Group stands in a circle, everyone puts hands into center and grabs someone else’s hand, (note: both your hands can’t be holding both of someone else’s hands), then try to get out of the knot without letting go of hands.

ELBOW TAG

Everyone gets a partner and links arms. Two people are chosen to split up. One will be “it” and the other will be chased. Whenever a person being chased links with a pair of players, the person on the opposite end must break off. They will now become chased. If the person gets tagged, they become “it”.

SHARKS, EELS, SEA CRUSTACEANS

Set up two lines with borders on either side (cones are totally fine). Depending on the size of the group, 1 – 3 people start out as sharks (“it”) in the middle. The other participants are behind one of the lines. They choose what species of fish they’d like to be. Give them options like tuna, octopus, sea bass, etc. When the shark calls out a species, those participants have to run from one line to the other, staying within the boundaries. If the sharks tag them they become stationary kelp. They are planted, but can wave about and help the sharks to tag others. Eventually, the sharks are “hunting” through a kelp forest...oooh!

MOON BALL

Use a moon ball – how many hits can you keep it in the air; let group set a target & see if you can meet it or beat it.

RELAYS GALORE

Using any kind of prop/equipment you want, create some wacky relay races... be creative, have some be for the slowest team, the team that laughs the most, etc. The most critical piece is breaking the group into teams making sure everyone feels important and welcome...and not like they’re picked last! This goes for adults as well as kids!



CAMPFIRE SKITS & SONGS

STATUE IN THE PARK

One or two people pose as a statue with a park bench or seat in front of him. Two people come along to eat lunch — the statue takes some of their lunch whenever it is left on the seat or when they are not looking. The eaters look more and more suspiciously at each other until they finally leave in disgust.

DIRTY DISHES

A camper walks on the stage with a big pot, sets it down on a table along with a spoon or ladle, and sets up a “Back in 5 minutes” sign before walking offstage. Another camper comes along, eyes the pot, grabs the spoon and takes a big, messy slurp. Eyes wide, he/she grabs a friend from offstage and stresses how important it is that they try this awesome tasting soup. This keeps happening, each new person getting another to try the soup. You can make each have a different personality (e.g. hyper, shy, sporty, etc.) just for laughs. The counselor walks back on, seeing the camper grouped around the soup. Spotting the counselor, the campers flee. The counselor reaches into the pot and brings out a pair of dirty socks and remarks how clean they are after soaking.

SOAP AND WATER

A group of campers and their counselor act as though it is meal time. The counselor begins to pass out utensils and plates. One camper comments on how clean the utensils are, and asks the counselor how she gets the dishes so clean. The counselor responds “Soap and Water.” You do this a few more times with different utensils. At the finish, one more camper says “May I have a fork?” The counselor says “Hold on, I have to clean some first.” The counselor then yells, “Soap, Water, come here” and 2 campers pretending to be dogs come up and lick all the silverware. All the campers act sick.

THE IMPORTANT PAPERS

A Queen or some person of great importance is asking for her important papers. Various people bring her different papers, but she always responds, “These are not my important papers, to the dungeon with you!” This continues until someone brings him toilet paper, the important papers!

RAISIN BRAN

A number of campers dance around in a group singing, “Oh it’s the raisins that make, the raisin bran so great, o yea”. They keep repeating it until another camper runs on stage to act as the “Crazy Spoon” and scoop out a raisin. The raisins act scared and shout out, “CRAZY SPOON!” while running around the stage. The spoon takes away a raisin and this continues until there is only one raisin left. The last raisin, realizing their impending doom, begins to sing, “Oh I wish I were an Oscar-Mayer wiener...”

BALLOON ORCHESTRA

The players in the orchestra each hold a balloon.

They blow up their balloons in unison, and then let out the air in a squeak at a time to the rhythm of some easily recognized rhythm such as “Blue Danube” or “Jingle Bells”.

To end the skit, all fill their balloons with air and let go at the director’s signal.

CAMPFIRE SKITS & SONGS

BROWNIE SMILE SONG

I've got something in my pocket
that belongs across my face,
I keep it very close at hand in a
most convenient place.
I'm sure you couldn't guess it if you
guessed a long, long while,
So I'll take it out and put it on, it's
a great big Brownie Smile.

G FOR GENEROSITY

She wears a G for Generosity
She wears an I for her Integrity
She wears an R for Real Good Sportsmanship
She wears an L for Loyalty, for Loyalty
She wears an S for her Sincerity
She wears a C for Courtesy, for Courtesy
She wears an O-U-T for Outdoor Life,
Outdoor Life
And that Girl Scout is ME!

GIRL SCOUTS TOGETHER

Girl Scouts together, that is our song,
Winding the old trails, rocky and long.
Learning our motto, living our creed,
Girl Scouts together in every good deed.
Girl Scouts together, happy are we;
Friendly to neighbors far o'er the sea.
Faithful to country, loyal to home,
Known as true Girl Scouts wherever we roam.

HELLO (PARTS SONG)

(Each part holds their Hello until all 4 are done)

1: Hello, 2: Hello, 3: Hello, 4: Hello

All: We are glad to meet you

All: We are glad to greet you

1: Hello, 2: Hello, 3: Hello, 4: Hello

MAKE NEW FRIENDS (ROUND)

1. Make new friends but keep the old
One is silver and the other gold
2. A circle is round, it has no end
That's how long I want to be your friend.

ON MY HONOR

CHORUS

On my honor I will try
There's a duty to be done and I say "Aye"
There's a reason here and a reason above,
My honor is to try and my duty is love.

VERSE

People don't need to know my name,
If I've done any harm, then I'm to blame.
If I've helped another, then I've helped me
If I've opened up my eyes to see.

I've tucked away a song or two...
If you're feeling low there's one for you.
If you need a friend, then I will come
And there's many more where I come from.

Come with me where a fire burns bright
You can even see better by candlelight
And we'll get more meaning from a campfire's
glow

Then we'll ever learn in a year or so.
We've made a promise to always keep
And we sing Day is Done before we sleep
We'll be Girl Scouts together and when we're
gone
We'll still be tryin' and a singin' this song.

SING SING TOGETHER (ROUND)

1: Sing Sing together, merrily merrily sing,
2: Sing Sing together, merrily merrily sing,
Sing, Sing, Sing, Sing

CAMPFIRE SKITS & SONGS

WHEN E'ER YOU MAKE A PROMISE (ROUND)

1: When e'er you make a promise,
 2: Consider well its importance
 And... when... made...
 Engrave it upon your heart

CAMPFIRE SONGS

A PIECE OF TIN

I'm a little piece of tin
 No one knows just where I've been
 Got four wheels and a running board
 I'm not Chevy and I'm not Ford
 Honk, Honk, Rattle, Rattle, Rattle
 Crash, Beep, Beep
 Honk, Honk, Rattle, Rattle, Rattle
 Crash, Beep, Beep
 Honk-Honk

SINGIN' IN THE RAIN

CHORUS

I'm singin' in the rain, just singin' in the rain
 What a glorious feeling, I'm happy again
 Ooga Chug-a, ooga chug-a, ooh chug-a, chug
 (Repeat after each verse)

(Repeat after leaders)

1. Arms out! (Arms out!)
 2. Knees bent! (Knees bent!)
 3. Toes together! (Toes together!)
 4. Butt out! (Butt out!)
 5. Chest out! (Chest out!)
 6. Tongue out! (Tongue out!)
- (Keep adding verses as song continues)

WADALYACHA

Wadaly acha Wadaly acha
 Doodely do Doodely do
 Wadaly acha Wadaly acha
 Doodely do Doodely do
 It's the easiest song, there ain't nothing to it,
 All you gotta do is doodely do it
 I like the rest but the part I like the best
 Goes doodely doodely do
 Wooh!
 (Repeat faster)

AUSTRIAN WENT YODELING

VERSE

Once an Austrian went yodeling on a mountain
 so high, When along came a cuckoo bird
 interrupting his cry.

CHORUS

Ooh lee aaahhh
 oh lee (*pat thighs*) oh kee kia (*clap hands*) oh lee
 ah cuckoo cuckoo (*snap fingers*)
 oh lee (*pat thighs*) oh kee kia (*clap hands*) oh lee
 ah cuckoo cuckoo (*snap fingers*)
 oh lee (*pat thighs*) oh kee kia (*clap hands*) oh lee
 ah ooohhh

(Repeat verse but replace cuckoo bird with the following and add sound into chorus.)

St. Bernard - arff, arff
 Grizzly Bear - grrr
 Dinosaur - ugh, ugh
 Skier - swoosh
 Avon lady - ding dong
 Girl Scout - Hi! Wanna buy some Girl Scout
 cookies? NO!
 Avalanche - rumble rumble

CAMPFIRE SKITS & SONGS

HERMIE THE WORM

CHORUS

Sittin' on my fence post
Chewin' my bubble gum, chew,
chew, chew, chew
Playin' with my yo-yo, woo, woo
When along came Hermie the
worm
And he was this big
(make a motion as if measuring a tiny worm)
And I said "Hermie, what happened?"
"I ate breakfast"

CHORUS

Continue with:
"I ate lunch" *(measure larger worm)*
"I ate dinner" *(measure an even larger worm)*
"I burped" *(measure tiny worm)*

LITTLE RED WAGON

This is a "repeat after me" song
You can't ride in my little red wagon.
Front seat's broken and the axle's dragging.
Chugga Chugga Chugga Chugga Chugga
SECOND VERSE, SAME AS THE FIRST
A WHOLE LOT LOUDER AND A WHOLE LOT WORSE!
(Repeat)
Third verse same as the first, a whole lot softer and a
lot less worse.
(Whisper Repeat)
Fourth verse same as the first but a WHOLE LOT
LOUDER AND A WHOLE LOT WORSE
(Repeat as many as times as you would like)

MOOSE SONG

There was a great big moose
He liked to drink a lot of juice
There was a great big moose
He like to drink a lot of juice

CHORUS

Singin' way-o way-o
Way-o way-o way-o way-o
Way-o way-o
Way-o way-o way-o way-o

The moose's name was Fred
He liked to drink his juice in bed
The moose's name was Fred
He liked to drink his juice in bed

CHORUS

He drank his juice with care
But he spilled it everywhere
He drank his juice with care
But he spilled it everywhere

CHORUS

There was a great big moose
On the loose
Eating cous-cous
Roasting a goose
Watching Footloose
Talking to Bruce
Drinking juice

THINGS TO DO AROUND MONTROSE

Descanso Gardens

1418 Descanso Dr.
La Cañada Flintridge, CA 91011
Phone: 818-949-4200

Descanso Gardens is an urban retreat of year-round natural beauty, internationally renowned botanical collections and spectacular seasonal horticultural displays. A short 3 mile drive gets you to this beautiful location that is perfect for completing outdoor badge work.

Jet Propulsion Laboratories

4800 Oak Grove Dr.
Pasadena, Ca 91109
JPL.NASA.Gov

JPL is a national research facility specializing in robotics, earth science, and space exploration! JPL is a great resource for all things science! They offer tours for troops with 3 weeks' notice. They can also supply speaker through their Speakers Bureau program with 6-8 weeks' notice. Speaker and tour requests are available on their website.

Mount Wilson Observatory

Mt. Wilson Road
La Cañada Flintridge, CA 91011
Phone: 626-440-9016

Wind your way up the Angeles Crest Highway to Mount Wilson, which houses some of the largest and highest resolution telescopes! Stop along the way to enjoy the view of the Los Angeles basin. The area has several hiking trails as well. The observatory is open for self-tours weekdays from 10 a.m. - 5 p.m. On weekends there are guided tours available at 1 p.m. and 2 p.m. Check out the website for other events.

Norton Simon Museum

411 W. Colorado Blvd.
Pasadena, CA 91105
626-449-6840

The Norton Simon museum offers a wide variety of art from classic European to Middle Eastern, Asian and others. Enjoy the beautiful grounds with a sculpture garden and a pond. Don't forget to stop by the museum shop with a section devoted to children. Find inspiration here for all your little artists to complete our Brownie Potter, Brownie Painting, or Junior Drawing badges.

Montrose Farmers Market

2338-2312 Honolulu Ave.
Montrose, CA 91020
818-646-2880

The Montrose Harvest Market is a traditional farmers market, offering the best produce and flowers from certified Southern California growers and a variety of prepared foods. The Marketplace serves up a wide variety of antiques, collectibles, artisans and an interactive children's area. The Montrose Harvest Market is held every Sunday from 9 a.m.M to 2 p.m., rain or shine.



MONTROSE EVENTS AT A GLANCE

If you have enjoyed your time at Montrose, please consider joining us for the various programs offered throughout the year!

Our Rockin' Robots Overnight Weekend in August caters to girls who are interested in joining one of our competitive FIRST Tech Challenge teams. They will get a look into game strategy and robot design, including building, programming, competition, and judging. They even participate in a mini-tournament!

we also offer Engineer Factory workshops or builds. Girls learn to build, test, experiment, and solve problems like an engineer. Topics may include electricity, aerodynamics, gravity, kinetic energy, and hydraulics.

Some other programs include, Fitness to the Max, Program Aid Workshops, Silver and Gold Workshops. It's also a great location for Service Unit Meetings and regular troop meetings.



Thanks for visiting. We hope you've enjoyed your stay at Montrose! We can't wait to see you again.



DAY CAMPS

EL RANCHITO

LA CASITA

MARINE LANDING

MARIPOSA

RESIDENT CAMPS

LAKOTA (will reopen in 2020)

OSITO RANCHO